

These were written by a 7 year-old camper who I wasn't sure was grasping the whole idea of believing in yourself. As you can see, I was wrong. She wrote this poem and song after week one of summer camp.

## **You Are Unique**



Everybody is unique in a different way  
Some people say that they're not unique  
They have low self-esteem  
You may not know what low self-esteem is  
Low self-esteem is when somebody feels bad about themselves



## **So here's a song:**

You are unique  
So don't say you're not  
Because you're very unique